

14th March 2024



Issue 4

## Assistant Principals Report

Ben Ridge



We continue to celebrate the amazing teaching and learning that is happening throughout the school, students are engaged in programs and are receiving positive reinforcement. We are proud of the programs, we will be celebrating the Terrific Kids for Term 1 The Kiwanis Terrific Kids assembly will be held on the 15<sup>th</sup> of March.

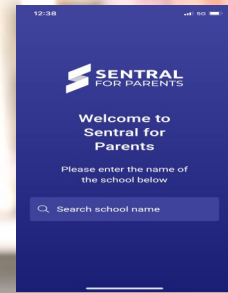
### VicHealth CEO visit

Today we had a visit from the VicHealth CEO, Dr Sandro Demaio and members of the Healthy Loddon Campaspe team. They toured our Café and Eco Garden. Staff and students showed Dr Demaio the amazing facilities. It is fantastic that our great programs are being recognised and celebrated.



### Polytunnel (Hothouse)

A 6m x 4m Hothouse has been built in the Eco Garden. The Polytunnel will provide opportunities for the students to propagate seedlings and grow a wide range of vegetables and herbs. Staff and students at Echuca Twin Rivers Specialist School will be developing a seedbank, these seeds will be available to the wider community.



### MARCH

13th	GV harmony Cricket Cup
21st	Year 7 Immunisation
21st	School Council
22nd	MS4L Workshop for staff—Student Free
28th	End of Term 1 Early dismissal 2pm
29th	Good Friday

### APRIL

15th	Term 2 starts
18th	Yr10 Immunisations
19th	School Photos



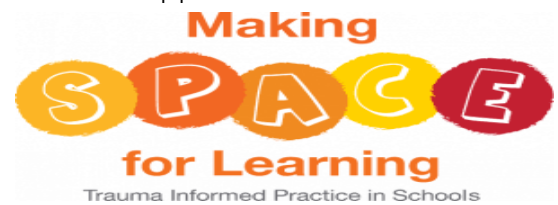
Echuca Twin Rivers  
Specialist School  
acknowledges the  
history, culture,  
diversity, and value of  
all Aboriginal and  
Torres Strait  
Islanders, and pays  
respect to their elders  
past and present, as  
well as acknowledging  
future generations.



**Professional Learning** – On Friday 22<sup>nd</sup> of March all school staff will participate in a professional learning day. Below is a summary of what will be covered during the day.

### **Trauma Responsive Education – Making SPACE for learning**

The Australian Childhood foundation (ACF) has been working with schools across Australia for the past 15 years with the aim of enhancing trauma responsive practices for children and young people. What staff will learn from this training benefits all the students that we support.



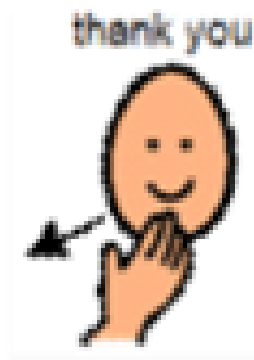
#### **What is the training about?**

This workshop provides an overview of the making SPACE for learning framework and incorporates exploration of the areas of:

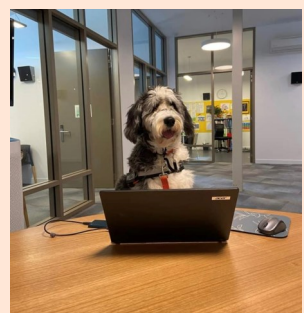
- ◆ The neurobiology of complex relational and developmental trauma
- ◆ How trauma impacts children and young people's brain, body, memory, emotions, relationships, behaviour and capacity to learn.
- ◆ Responses to traumatised children and young people within education settings
- ◆ Exploration of activities and strategies that can help heal the impacts of trauma to enable improved behavioural and cognitive capacity.

## **POSITIVE TARGETED BEHAVIOUR**

**We use our manners and  
speak kindly**



## Willow the Wellbeing Dog



## Congratulation to our Eco-Garden and Café



VicHealth



REGIONAL PARTNERSHIP  
LODDON CAMPASPE



Small healthy Loddon Campaspe initiative is supported by the Victorian State Government

### **MEDIA RELEASE WEDNESDAY MARCH 13, 2024**

#### **PHOTO/STORY OPPORTUNITY**

**When:** Thursday 14 March, 11.30am  
**Where:** Echuca Twin Rivers Specialist School, 66 Wilkinson Drive, Echuca  
**Who:** Dr Sandro Demalo, CEO VicHealth  
Ben Ridge, Assistant Principal Echuca Twin Rivers Specialist School  
Alicia O'Brien, Coordinator, Healthy Loddon Campaspe Initiative

#### **ECHUCA SCHOOL GARDEN AND CAFÉ NURTURING LOVE OF HEALTHY TASTY FOOD**

Echuca Twin Rivers Specialist School (ETRSS) will host VicHealth CEO, Dr Sandro Demalo, along with representatives from Healthy Loddon Campaspe (HLC) on Thursday 14 March to showcase their innovative school kitchen garden and café program.

ETRSS has been working with State Government-funded initiative Healthy Loddon Campaspe to develop and deliver a true 'patch-to-plate' school kitchen garden program that encompasses the growing, cooking and eating journey to promote healthy eating within the school community and beyond.

Students are involved throughout the whole journey, from planting, cultivating and harvesting, to cooking and preparing food for sale in their public café.

ETRSS Assistant Principal, Ben Ridge said the garden and café program is an integral part of the learning experience for students.

"Students, no matter their ability, are gaining significant benefits from the garden, in terms of both a healthy eating and cooking perspective, through to positive impacts on emotional regulation," Mr Ridge said.

Healthy Loddon Campaspe Coordinator, Alicia O'Brien said working with the school to understand their current needs and adopting a partnership approach has seen many positive results.

"One of HLC's key priorities is to increase rates of healthy eating within the Loddon Campaspe region," Ms O'Brien said.

"By working closely with ETRSS to understand their capacity and requirements, we're proud to have assisted in the growth of their garden and café program.

"The program has led to students having a stronger understanding of the benefits of growing their own food, and increased school and community engagement with healthy eating."

VicHealth CEO, Dr Sandro Demalo said he is looking forward to seeing the program in action.

"Connecting kids to the growing and cooking of healthy food at an early age has enormous benefits for their mental and physical health. It's fantastic to see strong community programs like this, which empower young people to learn about and love tasty, healthy food."

The school has further plans to develop their garden and café program, including propagating seedlings, developing a seed library, and increasing their café offerings to the community.

**Media contact:** Kate Hardingham, 0407 912 309



# 2024 BUS STAFF

**Rushworth:**  
**0418 322 861**  
**Neil, Anne & Sharon**

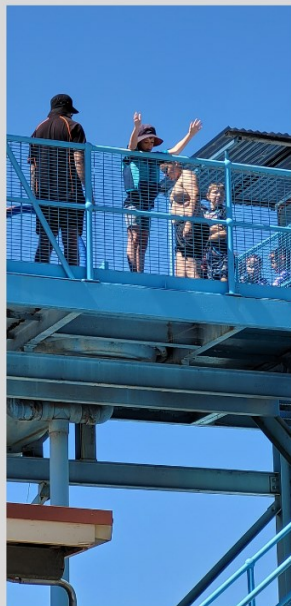
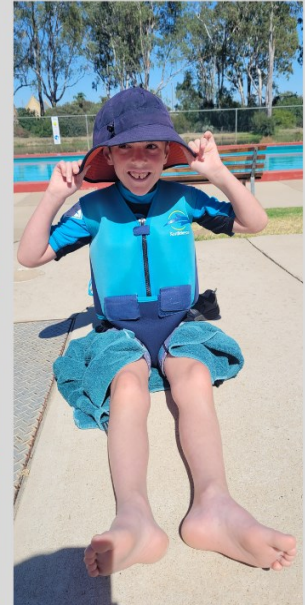
**Cohuna:**  
**0418 847 627**  
**Alan & Jess**

**Elmore:**  
**0427 685 124**  
**Bill, Kevin, Jan,  
Sandra & Mirinda**

**Kyabram:**  
**0448 981 278**  
**Peter & Megan**



# 3-6 Swimming Cohuna





# 7-12 Swimming Cohuna

## Our Vision

To provide  
inclusive and  
engaging  
learning that  
empowers all  
students for life



## Our Values

Be Respectful  
Be Inclusive  
Be Responsible





# Room 3



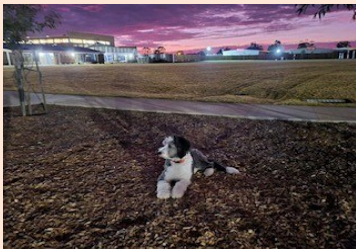


# COMMUNITY NEWS

## OUR SCHOOL

Echuca Twin Rivers Specialist School provides education for children ages 5-18 years with intellectual and associated disabilities. It services the Campaspe and Murray Shire area.

The school prides itself on having an open and welcoming environment that encourages parent and community participation.



**PLAY FOR KICKS**

**come find your awesome**

**Echuca Moama Rockets Auskick**

Registrations are now OPEN!  
Wednesday 17th of April  
10 weeks Program  
Time: 4.30pm-5.30pm  
play.af1/auskick

**Discovery Day**

Come and discover what Echuca Moama has to offer you

All residents welcome - especially if you are new to the area.

There will be information provided by community groups and a showcase of social, sporting and service clubs.

It's a great opportunity to become more involved with your local community.

We look forward to seeing you.

**Where**  
Echuca Library  
310 Hare Street

**When**  
Saturday 16 March  
10am - 1pm

Free sausage sizzle  
Free tea & coffee

Campaspe Library | 03 5481 2400 | www.campaspe.vic.gov.au/library

**ELMORE**

**MFKEES TRACTOR PULL**

16th MARCH 2024

**DOWN UNDER**

**Tractor Pulling commences at 4pm**

Family \$70 (2 adults & 2 children)  
Adult \$30  
Child (12-17 yrs) \$10  
Under 12 years Free

**Gates Open at 3pm**

- Catering Onsite: Food / Drinks / Bar
- Alcohol & Non-Alcohol spectator banks
- EFTPOS only - No ATM Onsite
- No Dogs Permitted - Exceptions made for Personal Assistance Dogs
- No camping on site - Free camping is available at Aysons Reserve
- BYO Chair
- No BYO Alcohol
- No Glass Permitted

Agco Tractor Roundup - Massey Ferguson, Allis Chalmers, Fendt, and many many more!

Address: Elmore Field Days Site - Gate 4, Rosalia Road, Elmore VIC 3558  
Enquiries: Elmore Tractor Pull - Facebook Page | Office - 03 5432 6176

**Vicmow Lawn Mower Racing • Kids Activities • Facepainting**

Corporate Sponsors: ALL AG CONTRACTING, O'CONNORS, travla, RURAL, PEACOCK'S, WARD BROS., Elmore Events Centre

**Harmony Conversations**

Join our celebration of diversity

"Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds.

It's about inclusiveness, respect and a sense of belonging for everyone."

Join us as we celebrate Harmony Week with conversation led by Simon Tengende and the opportunity to contribute to a harmony painting illustrating what diversity means to you.

**Where**  
Echuca Library

**When**  
Wednesday, 20 March  
5pm

Canapases & refreshments provided

**Cost**  
Free!

Wear orange or something that represents your family's culture

Proddly supported by Vivid, 2 Tribes coffee + Market and Campaspe Shire Council

Campaspe Library | 03 5481 2400 | www.campaspe.vic.gov.au/library



**Echuca Twin Rivers Specialist School**  
**66 Wilkinson Drive**  
**ECHUCA VIC 3564**  
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<https://www.echucass.vic.edu.au>



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