

14th March 2024



Issue 4

Assistant Principals Report

Ben Ridge



We continue to celebrate the amazing teaching and learning that is happening throughout the school, students are engaged in programs and are receiving positive reinforcement. We are proud of the programs, we will be celebrating the Terrific Kids for Term 1. The Kiwanis Terrific Kids assembly will be held on the 15th of March.

VicHealth CEO visit

Today we had a visit from the VicHealth CEO, Dr Sandro Demaio and members of the Healthy Loddon Campaspe team. They toured our Café and Eco Garden. Staff and students showed Dr Demaio the amazing facilities. It is fantastic that our great programs are being recognised and celebrated.



Polytunnel (Hothouse)

A 6m x 4m Hothouse has been built in the Eco Garden. The Polytunnel will provide opportunities for the students to propagate seedlings and grow a wide range of vegetables and herbs. Staff and students at Echuca Twin Rivers Specialist School will be developing a seedbank, these seeds will be available to the wider community.



MARCH

- 13th GV harmony Cricket Cup
- 21st Year 7 Immunisation
- 21st School Council
- 22nd MS4L Workshop for staff—Student Free
- 28th End of Term 1
Early dismissal 2pm
- 29th Good Friday

APRIL

- 15th Term 2 starts
- 18th Yr10
Immunisations
- 19th School Photos



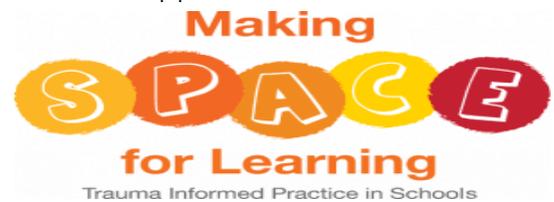
Echuca Twin Rivers Specialist School acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their elders past and present, as well as acknowledging future generations.



Professional Learning – On Friday 22nd of March all school staff will participate in a professional learning day. Below is a summary of what will be covered during the day.

Trauma Responsive Education – Making SPACE for learning

The Australian Childhood foundation (ACF) has been working with schools across Australia for the past 15 years with the aim of enhancing trauma responsive practices for children and young people. What staff will learn from this training benefits all the students that we support.



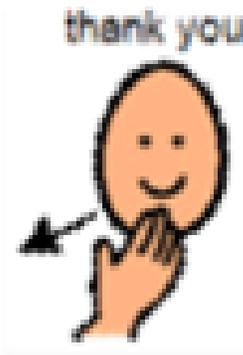
What is the training about?

This workshop provides an overview of the making SPACE for learning framework and incorporates exploration of the areas of:

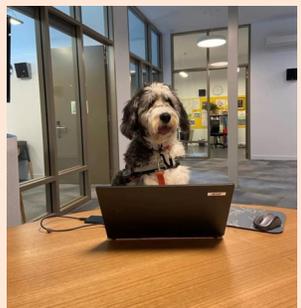
- ◆ The neurobiology of complex relational and developmental trauma
- ◆ How trauma impacts children and young people's brain, body, memory, emotions, relationships, behaviour and capacity to learn.
- ◆ Responses to traumatised children and young people within education settings
- ◆ Exploration of activities and strategies that can help heal the impacts of trauma to enable improved behavioural and cognitive capacity.

POSITIVE TARGETED BEHAVIOUR

We use our manners and speak kindly



Willow the Wellbeing Dog



Congratulation to our Eco-Garden and Café



That healthy Loddon Campaspe initiative is supported by the Victorian State Government

MEDIA RELEASE
WEDNESDAY MARCH 13, 2024

PHOTO/STORY OPPORTUNITY

When: Thursday 14 March, 11.30am
Where: Echuca Twin Rivers Specialist School, 66 Wilkinson Drive, Echuca
Who: Dr Sandro Demalo, CEO VicHealth
Ben Ridge, Assistant Principal Echuca Twin Rivers Specialist School
Alicia O'Brien, Coordinator, Healthy Loddon Campaspe Initiative

ECHUCA SCHOOL GARDEN AND CAFÉ NURTURING LOVE OF HEALTHY TASTY FOOD

Echuca Twin Rivers Specialist School (ETRSS) will host VicHealth CEO, Dr Sandro Demalo, along with representatives from Healthy Loddon Campaspe (HLC) on Thursday 14 March to showcase their innovative school kitchen garden and café program.

ETRSS has been working with State Government-funded initiative Healthy Loddon Campaspe to develop and deliver a true 'patch-to-plate' school kitchen garden program that encompasses the growing, cooking and eating journey to promote healthy eating within the school community and beyond.

Students are involved throughout the whole journey, from planting, cultivating and harvesting, to cooking and preparing food for sale in their public café.

ETRSS Assistant Principal, Ben Ridge said the garden and café program is an integral part of the learning experience for students.

"Students, no matter their ability, are gaining significant benefits from the garden, in terms of both a healthy eating and cooking perspective, through to positive impacts on emotional regulation," Mr Ridge said.

Healthy Loddon Campaspe Coordinator, Alicia O'Brien said working with the school to understand their current needs and adopting a partnership approach has seen many positive results.

"One of HLC's key priorities is to increase rates of healthy eating within the Loddon Campaspe region," Ms O'Brien said.

"By working closely with ETRSS to understand their capacity and requirements, we're proud to have assisted in the growth of their garden and café program.

"The program has led to students having a stronger understanding of the benefits of growing their own food, and increased school and community engagement with healthy eating."

VicHealth CEO, Dr Sandro Demalo said he is looking forward to seeing the program in action.

"Connecting kids to the growing and cooking of healthy food at an early age has enormous benefits for their mental and physical health. It's fantastic to see strong community programs like this, which empower young people to learn about and love tasty, healthy food."

The school has further plans to develop their garden and café program, including propagating seedlings, developing a seed library, and increasing their café offerings to the community.

Media contact: Kate Hardingham, 0407 912 309

2024 BUS STAFF

Rushworth:
0418 322 861
Neil, Anne & Sharon

Cohuna:
0418 847 627
Alan & Jess

Elmore:
0427 685 124
**Bill, Kevin, Jan,
Sandra & Mirinda**

Kyabram:
0448 981 278
Peter & Megan



3-6 Swimming Cohuna



7-12 Swimming Cohuna

Our Vision

To provide inclusive and engaging learning that empowers all students for life



Our Values

Be Respectful
Be Inclusive
Be Responsible



Room 3



COMMUNITY NEWS

OUR SCHOOL

Echuca Twin Rivers Specialist School provides education for children ages 5-18 years with intellectual and associated disabilities. It services the Campaspe and Murray Shire area.

The school prides itself on having an open and welcoming environment that encourages parent and community participation.



PLAY **FOR KICKS**

come find your awesome

Echuca Moama Rockets Auskick

Registrations are now OPEN!
Wednesday 17th of April
10 weeks Program
Time: 4.30pm-5.30pm
play.afk/auskick

nab **Auskick**

Discovery Day
Come and discover what Echuca Moama has to offer you

All residents welcome - especially if you are new to the area.

There will be information provided by community groups and a showcase of social, sporting and service clubs.

It's a great opportunity to become more involved with your local community.

We look forward to seeing you.

Where
Echuca Library
310 Hare Street

When
Saturday 16 March
10am - 1pm

Free sausage sizzle
Free tea & coffee

Campaspe Library | 03 5401 2400 | www.campaspe.vic.gov.au/library

ELMORE **DOWN UNDER**
MFKES TRACTOR PULL
Garage and Engineering Pty Ltd. **16th MARCH 2024**

Family \$70 (2 adults & 2 children)
Adult \$30
Child (12-17 yrs) \$10
Under 12 years Free

Gates Open at 3pm
Tractor Pulling commences at 4pm

- Catering Onsite: Food / Drinks / Bar
- BYO Chair
- Alcohol & Non-Alcohol spectator banks
- No BYO Alcohol
- EFTPOS only - No ATM Onsite
- No Glass Permitted
- No Dogs Permitted - Exceptions made for Personal Assistance Dogs
- No camping on site - Free camping is available at Aysons Reserve

Address: Elmore Field Days Site - Gate 4, Rosalia Road, Elmore VIC 3558
Enquiries: Elmore Tractor Pull - Facebook Page | Office - 03 5432 6176

Vicmow Lawn Mower Racing • Kids Activities • Facepainting

Corporate Sponsors: AW AG CONTRACTING, O'CONNORS, CASEI, travla, RURAL, PEACOCK'S, WARD BROS., Hosted By: Elmore Events Centre

Harmony Conversations
Join our celebration of diversity

"Harmony Week is the celebration that recognises our diversity and brings together Australians from all different backgrounds.

It's about inclusiveness, respect and a sense of belonging for everyone." harmony.gov.au

Join us as we celebrate Harmony Week with conversation led by Simon Tengende and the opportunity to contribute to a harmony painting illustrating what diversity means to you.

Where
Echuca Library

When
Wednesday, 20 March
5pm

Canapes & refreshments provided

Cost
Free!

Wear orange or something that represents your family's culture

2 Tribes, VIVID, Campaspe

Proudly supported by Vivid, 2 Tribes coffee + Market and Campaspe Shire Council

Campaspe Library | 03 5401 2400 | www.campaspe.vic.gov.au/library



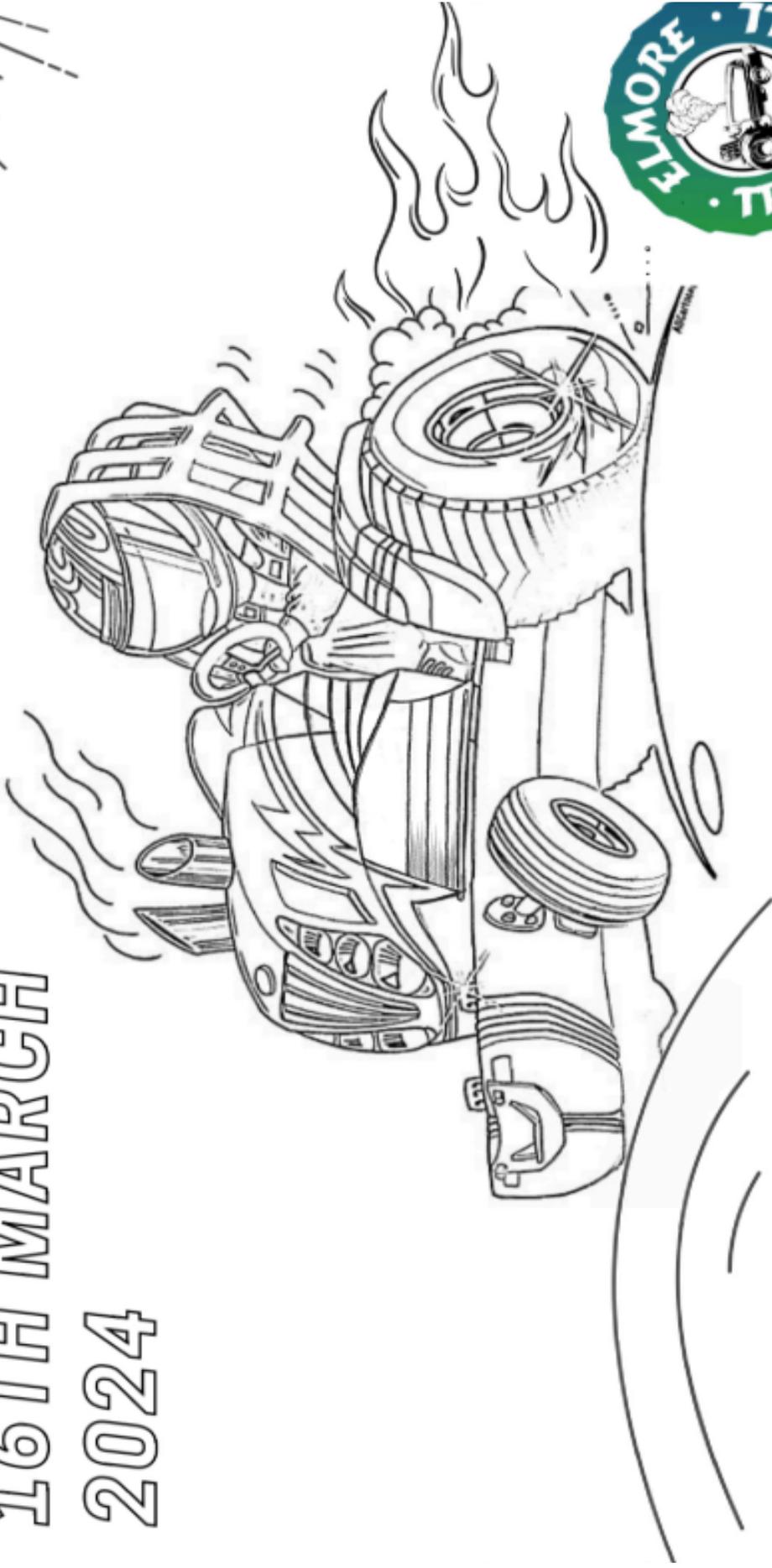
Echuca Twin Rivers Specialist School
66 Wilkinson Drive
ECHUCA VIC 3564
Phone: (03) 5410 7700 press 1

echuca.twin.rivers.ss@education.vic.gov.au
<https://www.echucass.vic.edu.au>

ELMORE TRACTOR PULL

16TH MARCH

2024



McKEES
Garage and Engineering Pty Ltd

**PRIZES FOR WINNERS: FAMILY PASSES AND CHILDREN'S PASSES!
ENTRIES CLOSE 8TH MARCH 2024.**

Name:

Age:

School:

Phone:

Email:

Please post to:

Elmore Events Centre

PO Box 27, Elmore VIC 3558

Or scan to:

info@elmorefielddays.com.au