



30th July 2020
Issue 14

Newsletter

Echuca Specialist School acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their elders past and present, as well as acknowledging future generations.



Principals message:



New school

Disappointing news

Unfortunately Covid-19 has conspired against us to postpone the opening of our new school. Most of our furniture hasn't arrived from overseas and isn't expected for a couple of weeks. The final sign off hasn't been completed yet either. We are unsure when this might be completed. (Hopefully in the next couple of weeks) The school will still have some transition sessions next week, however we won't be allowed to "Teach" in the rooms.

We will cancel next Friday's student free day and move. We will move the day to the following Friday.

We will now plan for a 17 August start at the new school. (However, this might be pushed back again)

I apologise for the HUGE inconvenience.

Curriculum day Monday 3rd August

As mentioned, there will be a curriculum day on Monday 3rd August for staff to spend the day at the new school. The staff will be working together to plan and organise the transition to the new school. Staff will be creating new yard expectations and set up some of the furniture to allow for some transition sessions during the week. The staff will also be practising the new pick up/drop off procedures.

There will be no school for students on Monday. It is a pupil free day.

Moving day

We will now plan for Friday August 14th to be a pupil free day. On the day, the staff will be moving furniture, equipment and resources. Staff will spend the final part of the day (and weekend) setting up classrooms for the first official day at the new school on Monday 17th August. (Hopefully)

First official day at the new school

The first official day at the new school will be Monday August 17th. Parents will need to drop off and pick up at the new school on that day. Buses will be dropping off and picking up students from the new school.

Our Vision:

To provide inclusive and engaging learning that empowers all students for life



Dates to Remember:

AUGUST

3rd—Curriculum Day—
Student free

13th—School Council

14th—Possible student
Free day—Moving day
TBC

17th—Start at New
School—TBC

31st—School Photos

SEPTEMBER

18th—Last day of Term 3

**NEW
SCHOOL
COUNTDOWN**

17
Days

CON'T PRINCIPAL MESSAGE

Transition sessions

Classes have organised their own transition sessions at the school over the next two weeks. Students will have a few opportunities to walk through the new school and spend some time in their new classroom in preparation for the official move.

Talk to your child about the move and reassure them that everything will be ok. Look at the photos and videos on Facebook to support their transition.



Masks

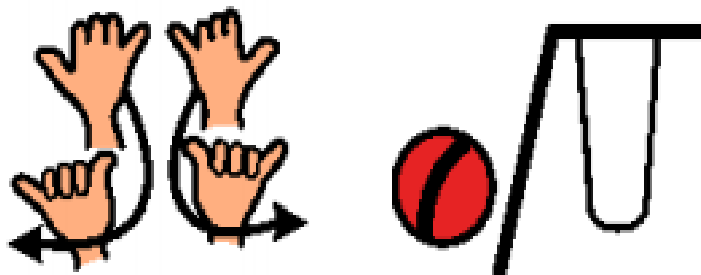
Today Daniel Andrews announced that from Monday everybody needs to wear a mask in public. Our students are exempt from this, however students are allowed to wear a mask, if parents prefer. Staff don't have to wear masks when teaching, however they may choose to do so. Our Speech, O.T. and physio staff have to wear a mask when at school. (They operate under the rules of Echuca Regional Health)

Obviously these rules are changing daily. We will keep you up to date via Facebook.

PBS TARGETED BEHAVIOUR—WEEK 3

Knowledge in the Yard

I ask when I need to change yards



SOW & PB—WEEK 2 & 3

To provide inclusive and engaging learning that empowers all students for life.

Week 2

Room	Name	PBS	Name	PBS
7	Angela	For always giving everyone the right to listen and learn and for being fantastic at taking turns	Daniel	For playing appropriately in the yard and making sure he asks a staff member if he needs to change yards.
13	Shaun	For patiently waiting for his turn during games and allowing others to take their turns		
14	Manny	For always following directions	James	For giving everyone the right to listen and learn.
Room	Name	SOW	Name	PBS
15	Tyler	Taking turns during group work		
16	Ben O Chaz	Taking turns in the classroom Giving everyone the right to listen and learn		

I cover my
coughs and
sneezes



If I am sick I stay
home



I wash my hands
when I need to



Cyberbullying

Your child may or may not tell you if they are experiencing bullying behaviour online because of a fear it might make things worse for them or they may lose access to their devices and the internet.

Sign to watch for

- being upset after using the internet or their mobile phone
- changes in personality, eg. becoming more withdrawn, anxious, sad or angry
- appearing more lonely or distressed
- unexpected changes in friendship groups
- a decline in their school work
- changes in their sleep patterns
- avoidance of school or clubs
- a decline in their physical health

Try to resist immediately taking away their device ~Removing your child's phone or computer could be really **unhelpful**. Cutting off their online access does not teach them about online safety or help build resilience. It could alienate them from their peers, and it also removes an essential tool for them to communicate and connect with friends.

Stay calm and open — don't panic ~You want your child to feel confident that you're not immediately going to get upset, angry or anxious if they tell you about the situation. You want them to know they can talk to you and feel heard. The best way to do this is make sure you have an open dialogue from the beginning. Talk to them without being judgemental or angry, and make them feel like they can come to you with anything, without fear of being punished.

Listen, think, pause ~**Gauge the scale of the problem.** Does it exist in a peer group or is it more widespread? Is it a few remarks here and there? Or is it more serious? Empathise with your child and let them know that you understand how they feel.

How badly is it affecting your child personally? If the bullying itself is not very intense, but your child seems quite seriously affected, this could be a symptom of something larger. In this case you may need to seek help, from a school counsellor, a helpline, or an external professional.

Try not to respond immediately. Take some time to consider the best course of action. Reassure your child you are working on it and will come together again very soon to talk through some options. Let them know you are there if they feel like they need to talk in the meantime.

What to do next ~Before you or your child block someone or delete posts or other bullying material, take screenshots. This may be useful if the bullying behaviour continues and you need a record of how long it has been going on. You may also need evidence if you want to report it. However, if the bullying material involves sexualised images, be aware that possessing or sharing such images of people under 18 may be a crime, even if you have just taken a screenshot for evidence purposes. For information about relevant laws in Australia, visit [Youth Law Australia](#).

Encourage positive connections and coping strategies ~Try to keep your child engaged with interests like sports or dance that connect them with other young people outside school, or with activities that involve extended family. Help your child identify tools they can use to work through the current situation, as well as help build resilience for any future challenges.

Stay aware ~Check in with your child from time-to-time about how they are feeling. Keep an eye on their eating and sleeping habits, their ability to concentrate and make decisions and their overall mood. If you notice any changes that concern you, get help for your child through a counselling or online support service.

Resources ~

e-Safety Commissioner website <https://www.esafety.gov.au/parents/big-issues/cyberbullying>

Department of Education <https://www.education.vic.gov.au/about/programs/bullystoppers/Pages/advicecyberbully.aspx>

Community News



KYABRAM



MyTime groups are for parents and carers of a child with a disability, developmental delay or chronic medical condition.
A **FREE** service where you can socialise and share ideas with others who understand caring for a child with additional needs.
It's your time to catch up with other parents/carers in a relaxed setting. Play helpers are there to keep your children busy and active. Siblings under 6 are welcome.

What will you get out of my time?

Assistance

Community

Shared Experiences

Friendship

Connections

Come along and see for yourself the benefit of being part of a group like this!

Every Thursday from 9.30am – 11.00am

LOCATION

Kyabram Community Learning Centre
21-25 Lake Rd
Kyabram

TERM 3 DATES

July 16th, 23rd, 30th
Aug 6th, 13th, 20th, 27th
Sept 3rd, 10th, 17th

CONTACT

Wendy
Community Living & Respite Services
wieland@cls.org.au
Or
5480 2388



KYABRAM



TERM 3 PLAN

DATES	GROUP ACTIVITY	CHILDREN'S ACTIVITY
16/7/20	Coffee & Chat	Play Dough
23/7/20	Tai Chi with Faye \$8 pp	Play with toys
30/7/20	Coffee & Chat	Colouring In
06/08/20	Wellbalance TBC	Painting
13/08/20	Annie's Café 10-11.30am	Games
20/08/20	Tai Chi \$8 pp	Drawing & Play with toys
27/08/20	Essential Oils Workshop TBC	Painting
03/09/20	Coffee & Chat	Painting
10/09/20	Special Activity TBC	Blackboard & Bubbles
17/09/20	Tai Chi OR Annie's Café TBC	Lego Blocks

Rotary District 9800 **RICH RIVER GOLF CLUB** *Alive with fun!*

ROTARY CLUB OF ECHUCA MOAMA IN CONJUNCTION WITH RICH RIVER GOLF CLUB

FAMILY FUN DAY

GOLF BALL DROP

SUNDAY

27th SEPTEMBER 2020

at 2.30pm on the Driving Range

TICKETS \$20 1500 Tickets Sold

1st PRIZE \$5000 CASH
2nd PRIZE \$1500 CASH
3rd PRIZE \$500 CASH

Rich River Golf Club - Twenty Four Lane Moama NSW
Winners will be notified - 28/9/20
TICKET No:

PROUDLY SUPPORTED BY

TICKETS ARE AVAILABLE AT THE SCHOOL OFFICE.

PLEASE SUPPORT ROTARY WITH THIS FUNDRAISER THAT WILL ALSO BENEFIT THE STUDENTS AT ECHUCA SPECIALIST SCHOOL

