

EchUCA Twin Rivers Specialist School acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their elders past and present, as well as acknowledging future generations.



## Principal Reports



### Welcome night and opening

It was wonderful to see so many parents at our welcome night and opening. Families were extremely impressed with the new facilities and were looking forward to future whole school events. The night was made even more special with the announcements of our new school captains. The school captains were presented with their badges and a congratulatory letter. It was also the first joint event with Twin Rivers Primary school. We look forward to future events together. Uncle Rick also performed a smoking ceremony and welcome to country.



### March

10th—Year 7 Immunisation

25th—School Council

### April

1st—Last day of Term 1

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19th—First day of Term 2

28th —Year 10 Immunisation

### SSG meetings

Last week the school held the first SSG meeting for the year. Most families were able to meet with the staff and plan the learning goals for each student. SSG meetings are an important part of every student's school life. It is an opportunity to share ideas and goals for the future. I received positive feedback about the meetings, with families enjoying the opportunity to see the classrooms and discuss how to support their child. The relationship between the school and home is vital. We look forward to continuing our positive relationships with families throughout the year.

### Our Vision

To provide inclusive and engaging learning that empowers all students for life



## Cricket

Last week we had a group of about 20 students go to Shepparton to compete in a cricket tournament against other people with disabilities. It was a fantastic day with the students making new friends and keeping active. Some of our students were on the WIN news.



## School Wide Positive Behaviour Support

We are starting a new SWPBS team to support our work in the area. In a slight change, we will be meeting during the day to plan and prepare the program. We are looking for a parent, or two, who would like to be involved with the meetings. The meetings will be held every fortnight for an hour. Contact the school if you would like to volunteer.

## School council election

The two successful school council members for the next two years are Scott Morrison and Gavin Deller. Scott has been on school council for almost 10 years, whilst it is the first time that Gavin has been on our school council. We welcome Gavin and look forward to his input. Allan Palmer decided not to return to the school council. We thank Allan for his several years of service to the school.

## Swimming sports

Due to the interschool swimming sports being cancelled, we will be holding our own swimming sports on Wednesday March 10. These will be held at the Moama pool. The staff and students are looking forward to the day.

## Leave

As from Wednesday 3<sup>rd</sup> March I will be on leave for the remainder of the term, as I recover from shoulder surgery. Ben Ridge will be acting principal whilst I am away.

## Hands on Learning

Hands on Learning have finally been able to dig out the foundation for the xylophone. A couple of hard days work. Well done.



# PBS Targeted Behaviour

## Knowledge in the Yard

### I follow the rules



## Jenny Weeks Social Worker



### Why community connections are good for children

It was wonderful to see so many people attending our Welcome Picnic celebration with Echuca Twin Rivers Primary School on Tuesday evening. Functions like the picnic offer a great opportunity to foster a sense of connectedness for students and their families with and within their school community.

Children who are connected to extended family and family friends, and people in their neighbourhood and community have:

- a sense of belonging to a place and community
- opportunities to learn about getting along with others
- people to go to when they need help  
a network they can use to learn about different jobs, skills and so on.

Strong social connections can also boost your child's confidence and lead to new friendships.

#### *Why is it important to feel connected?*

- Connectedness gives us a sense of belonging to our community, it helps us to recognise that we matter and that our contributions are valued by others in our community
- Connections we make help to build a safety net for our own physical and mental health. Healthy connections are known to lower our levels of anxiety and depression and they also provide a boost for our self-esteem



## Camps, Sports and Excursions Fund applications

The Camps, Sports and Excursions Fund helps eligible families to cover the costs of school trips, camps and sporting activities.

If you have a valid means-tested concession card, such as a Veterans Affairs Gold Card, Centrelink Health Care Card or Pensioner Concession Card, or are a temporary foster parent, you may be eligible.

Payment amounts this year are \$125 for eligible primary school students and \$225 for eligible secondary school students. Payments are made direct to the school to use towards expenses relating to camps, excursions and sporting activities for the benefit of your child.

If you applied for CSEF through our school last year, you do not need to complete an application form this year, unless there has been a change in your family circumstances.

If you would like to apply for the first time, please contact the school office on 5410 7700 and ask for an application form.

You can also download the form, and find out more about the program and eligibility, on the Department of Education and Training's Camps, Sports and Excursions Fund web page.

Check with the school office on 5410 7700 and press 1 if you are unsure. Please return completed forms to the school office as soon as possible.

### **MORE INFORMATION**

For more information about CSEF visit:  
<https://www.education.vic.gov.au/about/programs/Paghttpses/csef.aspx>

## School Bags

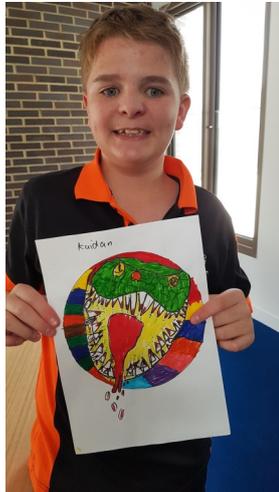
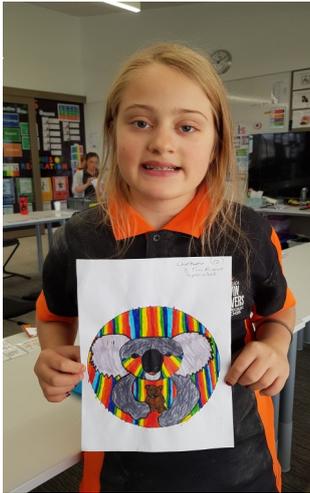
Echuca Twin Rivers Specialist School has been able to secure a great deal on school bags. They are great quality bags with the school logo. If you would like to purchase a bag please contact the office on 5410 7700.

**\$46.15  
each**



# "Moama Lights"

Below is information regarding the Moama Lights Festival . Some of our students from year 7-9 have entered the competition to have their designs selected for the light festival. Here are a few photos of some student entries based around the theme " Why I love living in Echuca Moama" We hope someone's artwork is successful in being selected. We will keep you posted.



Murray River Council is hosting an exciting new sound and light show this May called 'Moama Lights'

Moama Lights will be an immersive sound and light trail starting at the underside of the Echuca Moama bridge and highlighting the natural beauty through Horseshoe Lagoon and finalising at the Murray River.

For the period of 8 to 22 May 2021, each night captivating light installations will transform Horseshoe Lagoon and tell the story of Echuca Moama through light and sound. The FREE show will feature light installations and projections including theatrical fog, strobe and cutting edge moving light technology.

As part of the event we are hosting a colouring competition, giving local school children the chance to have their drawings featured in the show.

We are seeking artwork under the theme ' Why I love Living in Echuca Moama'.  
100 Winning drawings will be etched into glass and beamed through cutting edge moving light technology into Horse Lagoon as part of the event!





It's here! School Lunch Online is supplying an online ordering system to get fresh, healthy lunches starting on Monday 12<sup>th</sup> October.

## **School lunches are available Monday, Wednesday and Friday.**

You can now register at <http://www.schoollunchonline.com.au>, choose from a great list of lunch options and pay online – all without the last minute morning hassle.

### Who is supplying the food?

Molloy's Takeway will be providing the food. Please contact Helen on 03 5482 5336 for all food related queries.

### When will I have to order?

The Cut Off Time: Orders MUST be placed by 9.00 am on the day of delivery.

### How do I place my order?

Visit <http://www.schoollunchonline.com.au/>, register your family and then follow the prompts to choose your lunch selection and place your order. You will need to register before you can view the menu. It only takes a minute or two to register and is very simple. **Parents/Carers will register under Echuca Twin Rivers and when they go to add users they will simply click on Specialist School. By clicking of Specialist School your child's lunch will be delivered at 1:00pm not 1:30pm for Twin Rivers Primary School.** Simply click on the calendar to view the menu.

### What if I encounter a problem?

School Lunch Online has conducted extensive testing to ensure the website and system are fully functional from day one. However, if you do encounter a problem, or simply need a little help with getting started, please contact them for help at [hello@schoollunchonline.com.au](mailto:hello@schoollunchonline.com.au).

# ECHUCA TWIN RIVERS SPECIALIST

## SCHOOL – LUNCH MENU – 2021

| Sandwiches & Rolls   | Sandwich  | Roll             | Wraps  | Wrap             |
|--|---|------------------|--|------------------|
|  | Price \$  | Price \$         |  | Price \$         |
| Vegemite   | \$ 2.10   | \$ 2.60          | Salad (lettuce, tomato, carrot, beetroot, onion)                       | \$ 4.20          |
| Cheese   | \$ 2.60   | \$ 3.10          | Chicken & Salad (lettuce, cheese & mayo)                               | \$ 4.20          |
| Chicken, lettuce & mayo  | \$ 3.70   | \$ 4.20          | Ham & Salad (cheese, lettuce & tomato)                                 | \$ 4.20          |
| Egg, Lettuce & mayo  | \$ 3.60   | \$ 4.10          | Roast Beef & Salad (grated carrot, lettuce & cucumber)                 | \$ 4.20          |
| Meat   | \$ 3.20   | \$ 3.70          | <b>Salad Boxes</b>   | <b>Price \$</b>  |
| Meat & Cheese  | \$ 3.70   | \$ 4.20          | Super salad (lettuce, tomato, carrot, beetroot, onion)                 | \$ 4.20          |
| Meat, Lettuce & Tomato   | \$ 3.70   | \$ 4.20          | Mega Salad (as above plus one of the following – meat, cheese or tuna) | \$ 5.20          |
| Tuna, Lettuce & mayo   | \$ 3.70   | \$ 4.70          | <b>SNACKS</b>  | <b>Price \$</b>  |
|  |   |                  | Fresh fruit (Apple, Banana, Orange, Pears)                             | \$ 1.10          |
|  |   |                  | Fresh Fruit Small (small tub)  | \$ 3.00          |
| Salad (Lettuce, tomato, carrot, beetroot, onion)   | \$ 3.70   | \$ 4.20          | Banana Muffins (GF)  | \$ 3.00          |
|  |   |                  | Blueberry Muffin   | \$ 3.00          |
| <b>Biscuit cheese Platter</b> – includes 5 dried biscuits, 2 carrot sticks, 2 celery sticks, 1 cherry tomato, 2 cheese pieces \$4.00 |   |                  |  |                  |
| All made on white bread. Whole meal available if requested. Margarine used unless requested not to have.                             |   |                  |  |                  |
| <b>Meat choices available:</b> <i>Ham, chicken, strass, salami, beef, corn beef</i> <b>**GLUTEN FREE /VEGETARIAN ITEMS</b>           |   |                  |  |                  |
| <b>AVAILABLE – Phone requests</b>  |   |                  |  |                  |
| <b>advised</b>   |   |                  |  |                  |
| <b>Extras (each item additional)</b> Mayonnaise (unless specified above) plus \$ 0.20  |   |                  |  |                  |
| Lettuce, beetroot, carrot, tomato ..... plus \$ 0.30                      Cheese, ham, chicken, tuna or egg ... plus \$ 1.00         |   |                  |  |                  |
| <b>HOT FOOD (Everyday)</b>   |   | <b>Prices \$</b> | Hot Dogs   | \$ 3.30          |
| Pies /Pasties  |   | \$ 4.00          | Savoury / Italian Rolls  | \$ 2.50          |
| <b>Party Pies</b>  |   | \$ 1.60          | <b>Steam Dim Sims</b>  | \$ 1.00          |
| Sausage Rolls (Bakery Large)   |   | \$ 4.00          | Sauce (soy or tomato)  | \$ 0.25          |
| <b>Egg and Bacon quiches</b>   |   | \$2.50           | <b>Corn on cob</b>   | \$1.10           |
| <b>DAILY SPECIALS</b>  |   |                  |  | <b>Prices \$</b> |
| <b>Monday</b>  | Baked potato with coleslaw  |                  |  | \$ 4.00          |
|  | Fried Rice  |                  |  | \$ 4.00          |
|  | Ham & Cheese Croissant (HOT); OR a Ham, Cheese & Tomato Croissant                   |                  |  | \$ 3.50          |
|  | Cheese Croissant (HOT)  |                  |  | \$ 3.00          |
| <b>Wednesdays</b>  | Spaghetti Bolognese   |                  |  | \$ 4.00          |
|  | Beef Lasanga (Home-made –GF)  |                  |  | \$ 5.00          |
|  | Pasta only with cheese (Wednesday only)   |                  |  | \$3.50           |
|  | Chicken Caesar Salad  |                  |  | \$ 5.00          |
|  | Chicken Rice Paper rolls (2)  |                  |  | \$5.00           |
|  | Tuna Cakes (2) and salad (lettuce, tomato, cheese)                                  |                  |  | \$5.50           |
| <b>Fridays</b>   | Choose from either a Cheese OR a Hawaiian Pizza (Home-made)                         |                  |  | \$ 4.30          |
|  | Beef Lasanga (Home-made –GF)  |                  |  | \$ 5.00          |
|  | Thai Beef & Noodle Salad (Rice noodles, Thai beef, cucumber, pepper & mixed leaves) |                  |  | \$ 5.50          |
|  | Zucchini Slice (hot or cold) and salad (lettuce, tomato, cheese)                    |                  |  | \$ 5.00          |

# Community News

The program will support the delivery of up to 100,000 vouchers to support eligible kids get involved in organised sport and recreation activities by providing up to \$200 towards the cost of membership and registration fees, sports equipment or uniforms (new or second-hand).

## How does it work?

- The parent, legal guardian, temporary foster or kinship carer of a child can register their children for a voucher towards eligible activities or programs (e.g. for registration, uniforms and new or used equipment costs). For more information about eligible activities or programs visit the Get Active Victoria website – [www.getactive.vic.gov.au](http://www.getactive.vic.gov.au)
- Eligible applicants are required to pay up front for their chosen activity or program and then complete an application form (with copies of their invoice/s and receipt/s).
- The applicant is reimbursed up to \$200 towards eligible costs (subject to eligibility).
- There are 100,000 vouchers available over the duration of the program.



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<https://www.echucass.vic.edu.au>