



7th May, 2020  
Issue 9

# Newsletter

Echuca Specialist School acknowledges the history, culture, diversity, and value of all Aboriginal and Torres Strait Islanders, and pays respect to their elders past and present, as well as acknowledging future generations.



## Assistant Principals message:

I would like to thank the families, staff and students for engaging in the provided remote and flexible learning. At Echuca Specialist School we have provided Google Classroom for online learning as well as hard copy packs. We are amazed and proud to have 90% of the students active and engaging with the online learning.



Some of the staff and students have engaged in class WEBEX live sessions and some staff have supported students in individual sessions. It has been great to see the smiling faces and to hear about the great learning that is going on within the homes.

## Walk Around Australia

Echuca Specialist School have accepted a challenge to compete against the Swan Hill Specialist School in a Walk around Australia challenge. We would like each of the staff and students to walk, jog or cycle each day for 30 minutes. This might be broken up into two 15 minute sessions throughout the day. You could use a fit bit tracker or the walk could be measured by car. Please upload some photos or videos to the Google Classroom



Echuca Specialist School  
Fitness Challenge  
How far can we walk together?

## Health and Wellbeing

We would like to recognise the support of the Border Inn Hotel and a range of local business' who have provided some lunch packs for some of the students, this has been very beneficial at this challenging time. States schools relief have also provided some students with stationary and internet dongles to support the learning from home. If you require any further support please don't hesitate to call the school.

## Our Vision:

To provide inclusive and engaging learning that empowers all students for life



## Dates to Remember:

### MAY

Walk around Australia

### JUNE

26th—Last day of Term 2

### JULY

13th—First day of Term 3

### AUGUST

31st—School Photos

### SEPTEMBER

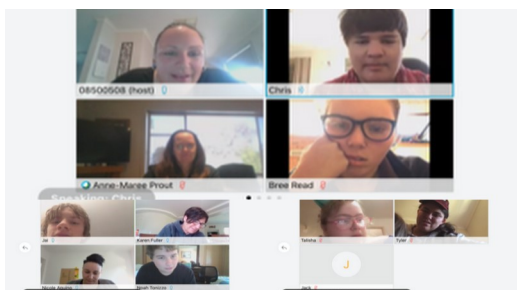
18th—Last day of Term 3

## CON'T ASSISTANT PRINCIPAL REPORT

### Echuca Twin Rivers School

I have had the chance to drive past the site of the Echuca Twin Rivers School, it is exciting to see the grass growing on the oval, the erection of the VCAL learning space and the development of the learning spaces within the school. It is an exciting time as we look forward to the transition to be a part of the Echuca Twin Rivers School. The project is on track for a middle of August finish. We look forward to a smooth transition towards the end of Term 3.

### Photos from the VCAL Webex



### More great remote learning photos



## PBS TARGETED BEHAVIOUR—WEEK 4

### Inclusion in the Classroom

I give everyone the right to listen and learn





**ZART ART COMPETITION— Good Luck everyone**



**NOTICE FROM THE IMMUNISATION**

Our Immunisation Team will provide school immunisation sessions in 3 locations in June targeting Round 2 Year 10's and will also do Round 1 Year 7's that were missed in Term 1.

DHHS have stressed the importance of maintaining this important service at this difficult time and social distancing measures are in place.

**Sessions will be as follows and will be by appointment only: Phone 1300 666 535**

Rochester Shire Hall – Thursday 4 June 4.30pm-5.30pm

Echuca Stadium – Tuesday 9 June 2pm-4pm

Kyabram Stadium – Thursday 11 June 9am-11am

Kyabram Stadium- Tuesday 16 June 11.30am-1.30pm

Echuca Stadium- Thursday 18 June 2pm-4pm

## ROOM 1 NEW TEACHER—CHLOE WELCH



Hello my name is Chloe Welch and I am the new teacher in Room 1. I received my Bachelor of Primary Education in 2010.

I was born in Nathalia and have lived in Moama for 9 years.

I am very much looking forward to meeting you, hopefully during term 2. I understand that we are limited with online learning, but I can't wait to make it fun and engaging.

## NEW WEBSITE

We are currently in the process of constructing a brand new website. This site will be more user friendly and appealing to the eye. We will let you know when it goes live.



### ECHUCA SPECIALIST SCHOOL

Echuca Specialist School provides education for children ages 5-18 years with intellectual and associated disabilities. It services the Campaspe and Murray Shire area.



DATES TO REMEMBER




## How does it work in Term 2, 2020?

1. Term 2 Book Club catalogues are digital only (no paper catalogues) this term for the first time ever during these unprecedented times. To access and purchase from the latest Issue, please go to <https://scholastic.com.au/book-club/virtual-catalogue-1/> We encourage you to sit down with your child and go through the catalogue together, discussing any books that sparks your child's interest.
2. Once you and your child has made your final selection, click anywhere on the page to redirect you to the Scholastic LOOP website or go to the Scholastic LOOP app to place your order. LOOP orders are linked to your school in an easy, safe online process. Registering for LOOP will also keep you up-to-date with all of the latest Book Club news, information on exciting new releases, and our exclusive Book Club special offers (See graphic attached below)
3. Our Book Club Organiser will then take care of the rest! After everyone's orders is submitted by the suggested close date of Issue, the Scholastic team get to work packing your child's order full of exciting things.
4. Your child's order is then delivered to the school/classroom, and will delivered with your child learning pack on Friday's. If our regular Book Club order distribution procedure needs to be adapted, an electronic announcement will be made. Orders that you have marked as a 'gift' in LOOP will be sent to school for you to secretly pick-up instead.

With numerous studies finding that reading at home is a key factor in a child's lifelong success, Book Club provides a fun and easy way of bringing books into your home. Find out more about Book Club here: <https://scholastic.com.au/book-club/book-club-home/>

## Book Club LOOP



The EASIEST way for parents to order and pay for Book Club!




### Parents: Are you registered for LOOP?

**LOOP** is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to [scholastic.com.au/LOOP](https://scholastic.com.au/LOOP) and register today!



## P.A.C.E. YOURSELF

PACE is a parenting method that was developed as a way of thinking, feeling, communicating and behaving that aims to make children feel safe

### PLAYFULNESS

**P**

Be playful with your child - it's a great way to connect with children, regardless of their age

### ACCEPTANCE

**A**

Accept your child's emotions, don't judge them or try to fix them just let them have them

### CURIOSITY

**C**

Be curious about your child's behaviour. What are they communicating? Use this to adjust your response

### EMPATHY

**E**

Let children know you understand how they feel, this may involve labelling the emotion for them... "I can see you are worried, angry, upset" offer nurture and support

Anxiety in children doesn't always look like it would in an adult. It can look like:

Tearful    Overly emotional    Over-eating/Under-eating    Aggressive    Won't leave your side  
Withdrawn    Being defiant    Angry    Being argumentative

Emotions are complex and children's brains aren't developed enough to understand these feelings and inner sensations. It's hard enough for us adults to work out! Imagine having uncomfortable feelings inside you, feelings of dread, fear, anxiety and confusion...take a moment to imagine how that feels in your body. Now imagine that you don't know how to soothe yourself, you don't know what it means, it may feel scary, you might not have the words to express how you are feeling. Many of children are feeling this way at the moment. If you're feeling a little lost and unsure how to parent at this time...remember the PACE parenting model

*We are here to support you. If you need to talk, please call Jenny Weeks  
0419 593 409*



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