

7th September 2023



Issue 13

Assistant Principals Report



I am writing to inform the school community that I have returned from the 6-week position at Lancaster Primary School. I would like to thank Prue for replacing me for that period. From now on I will continue in my role, I will continue to co-ordinate the buses, if you have any changes that may impact the buses please contact me at school. Upon returning to school it has been fantastic to see that the SSG were well attended and that the meetings were focussed on goal setting and student learning.

RUOK Day

Echuca Twin Rivers School and Echuca Twin Rivers Specialist School will be celebrating RUOK day on Thursday 14th of September. The schools will participate in a range of activities with a focus on RUOK.



End of Term

As you are all aware Friday 15th of September is the last day of Term 3. On the last day there will be a footy colours day, staff vs students football match and a hot dog lunch. Please return your hotdog orders prior to the 8th of September.



SEPTEMBER

15TH—FOOTY COLOURS DAY

15TH—LAST DAY OF TERM 3 DISMISSAL @ 2PM

OCTOBER

2ND—START OF TERM 4

12TH—YEAR 7

IMMUNISATION 2ND DOSE

27TH—LITTLE BLACK DRESS

MAJOR FUNDRAISER 7:30PM



Echuca Twin Rivers
Specialist School
acknowledges the
history, culture,
diversity, and value of
all Aboriginal and
Torres Strait
Islanders, and pays
respect to their elders
past and present, as
well as acknowledging
future generations.



Hats and sunscreen

From the 1st September all students and staff are required to wear hats and sunscreen outside. Please ensure your child has a named wide brimmed hat at school.



Swan Hill Sports

Today several staff and students travelled to Swan Hill to participate in the Swan Hill Sports. It is a great opportunity for the students to engage with students from a range of schools and compete in some fantastic events



Line Marking

Over the holidays there will be some additional car parking painted in our parent pick up area. We will also have walk only signage on the concrete areas around the school. Several new games will also be painted on the concrete in Area 1.

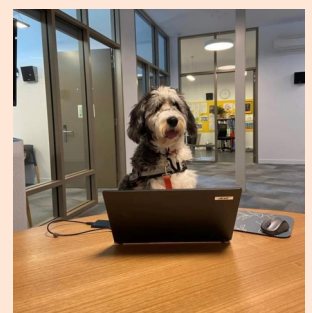
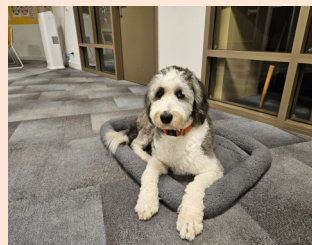
Morning drop off

Please remember that our yards are supervised in the morning from 8.45, please keep student drop off to as close to 8.45 as possible.



Footy Colours Day is on the last day of Term next Friday 15th September. This day we will be offering a Hot Dog package which includes 1 hot dog, 1 cinnamon donut and prima for \$5 extra hotdogs are \$2 each. Order forms went home last week. Orders and payment are due by tomorrow 8th September.

Willow the Wellbeing Dog



Echuca Twin Rivers Specialist School is registered in the Community Benefit Program, and is on the App. Once supporters have chosen our school they can shop at any Ritchies supermarket or liquor store in Victoria, NSW and Qld and the benefit will still come back to us.

RITCHIES IGA + LIQUOR

NOMINATE US TODAY
AS PART OF THE
RITCHIES COMMUNITY BENEFIT PROGRAM
and help us generate extra funds.

- 1 Download or update the Ritchies Card App
- 2 Search and select our name when prompted to nominate a club, school or charity
- 3 Every time you shop at Ritchies and scan your app or card, Ritchies will contribute a percentage of the total to us*

*CONDITIONS APPLY. Go to ritchies.com.au/loyalty for further information.

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PBS TARGETED BEHAVIOUR

Be Inclusive Always
We acknowledge the diversity of others



We let others join in



2023 BUS STAFF

Rushworth:

0418 322 861

Peter – Ann/Sharon

Cohuna:

0418 847 627

Alan – Jess

Elmore:

0427 685 124

Kerry – Jan/Sandra

Kyabram:

0448 981 278

Cameron – Megan



Department
of Education

2023 Parent / Caregiver / Guardian

Opinion Survey:

WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!

Our school is conducting a survey to find out what parents / caregivers / guardians think of our school. The Parent / Caregiver / Guardian Opinion Survey is an annual survey offered by the Department of Education that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey is optional but we encourage all families to participate. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All families are invited to participate in the survey.

The Parent / Caregiver / Guardian Opinion Survey will be open from **Monday 7 August to Friday 8 September 2023.**

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the survey period on desktop computers, laptops, tablets or smartphones. The online survey will be available in English and 10 other languages including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese.

We will be emailing and sending home the log in details.

You can also drop in to the office and access a school laptop to complete the survey.

Everyone that completes the survey can have a free coffee from our café.

Our Vision

To provide
inclusive and
engaging
learning that
empowers all
students for life

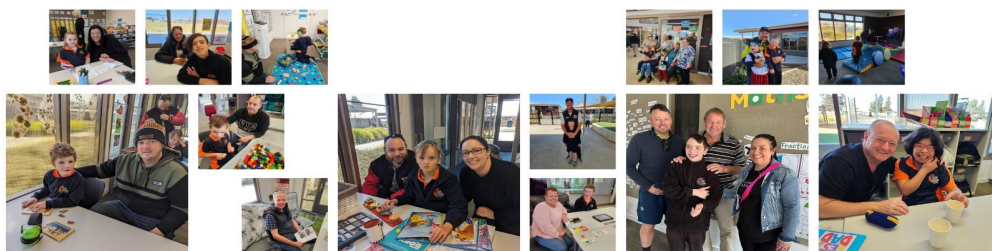


Our Values

Be Respectful
Be Inclusive
Be Responsible



Bookweek



Special Persons Day



Tickets are now on sale and selling fast.

BOOK NOW



Friday 27th October
7pm @
Moama Bowling
Club

STUMBLING
NORTH

Tickets \$120 includes
two course meal &
drinks



**ECHUCA TWIN RIVERS
SPECIALIST SCHOOL &
PRIMARY SCHOOL**

SPONSORED BY:



CENTURY 21
Rich River Real Estate

CALL IN OR CONTACT
THE SCHOOL ON 5410 7700 TO
PURCHASE TICKETS

Sponsors

We'd like to thank the following sponsors



CENTURY 21.

Rich River Real Estate



Friday 27th October 7.00 pm @ Moama Bowling Club
Tickets \$120 includes two course meal & drinks

Raffle will be drawn on the night of the Little Black Dress.



Ph: (03) 5410 7700

'Little Black Dress'

Echuca Twin Rivers Specialist School & Twin Rivers Primary School
 RAFFLE MAJOR FUNDRAISER

\$2
TICKETS

00001

1st Prize – 2x Four Day Park Pass, Australian Grand Prix

2nd Prize – Phil-A-Bin, 2m Skip Hire

3rd Prize – Voucher for Twin Rivers Cafe valued at \$50.00

Proudly donated by **EMPD** ECHUCA MOAMA
 PRINT & DESIGN

Major Sponsors



To be drawn at Moama Bowling Club - on Friday 27th October 2023

Echuca Twin Rivers Specialist School

is a registered member of the
SUNSMART SCHOOLS PROGRAM

and has a sun protection policy that meets SunSmart guidelines and recommendations to reduce skin cancer risk.


Signed on behalf of SunSmart

Membership renewed: 29 August 2023
Next renewal due: August 2026

17

Celebrating 17 years as a
SunSmart Member (2006 – 2023)



Cancer Council
Victoria

VICTORIA
State Government



We are SunSmart - a note for families

Too much of the sun's ultraviolet (UV) radiation can cause sunburn, skin and eye damage and skin cancer.

UV damage accumulated during childhood and adolescence is associated with an increased risk of skin cancer later in life. Skin cancer is the most common cancer in Australia. It is also one of the most preventable cancers.

You can't see or feel the sun's UV. Whatever the weather, if the UV levels are three or more, it's important to *Slip, Slop, Slap, Seek and Slide*!

Sun protection times

Don't just wait for hot and sunny days to use sun protection. Check the sun protection times each day so your family can be protected when they need to be.

Daily local sun protection times and weather details are available from the SunSmart widget on our school website, in the weather section of the newspaper, on the SunSmart website at sunsmart.com.au and as a free SunSmart app. Sun protection times can also be found at the Bureau of Meteorology website and live UV levels are available from ARPANSA.



SunSmart membership

Our school is a registered member of Cancer Council Victoria's SunSmart Schools Program. We aim to protect children and staff from too much UV.

Sun protection and skin cancer prevention is a shared responsibility. Please help support our SunSmart membership and sun protection efforts by ensuring your child follows the SunSmart measures included in our policy at school and at home.

During the daily local sun protection times (usually from mid-August to the end of April), **use these 5 SunSmart steps – even if it's cool and cloudy.**

1. **SLIP** on covering clothing

For free dress days, ensure your child wears clothing that covers as much skin as possible (e.g. elbow length tops with a higher neckline or collar and longer style shorts or skirts). Densely woven fabrics are best.



2. **SLOP** on SPF30 (or higher) broad-spectrum, water-resistant sunscreen

Apply a generous amount of sunscreen at the start of the day and make sure children have sunscreen in their bag ready to reapply throughout the day. Sunscreen should be reapplied every two hours. Please ensure children get plenty of sunscreen application practice at home so they'll be all set when they are at school. Under supervision, ask children to put a dot of sunscreen on each cheek, nose and chin and rub it in (avoiding the eye area) and sunscreen squiggles or dots on the back of the neck, arms and legs to cover these areas.

3. **SLAP** on a hat that protects the face, neck and ears

Choose a wide-brimmed, legionnaire or bucket hat. Peak caps and visors do not offer enough UV protection so please leave them at home. Please help your child remember to bring and wear their approved **school hat**. Please keep this at school so they will always be ready for outdoor activities, outdoor learning and play during school days. For the walk to and from school and weekends, please have an extra **home hat** to help keep children protected at home.

4. **SEEK** shade

Choose shady spots for learning and play whenever possible.

5. **SLIDE** on wrap-around AS1067 sunglasses

When appropriate and practical, help protect the eyes with sunglasses.

Need information in another language? Call 13 14 50 and ask to be connected to Cancer Council Victoria in your language

sunsmart.com.au

Cancer
Council
Victoria


















VICTORIA
State Government

School Holiday Activities

LET'S PLAY
CAMPASPE!

Fun, free activities for people with disabilities in Campaspe!

SEPTEMBER 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1  Martial Arts 10am Wickhams Martial Arts	2
3	4  Chair Yoga 12:15pm Echuca Library	5  Golf 1pm Rochester Golf Club	6  Chair Yoga 12:15pm Echuca Library	7  Bush Walk 10am Echuca Village Reserve	8  Martial Arts 10am Wickhams Martial Arts	9
10	11	12  Golf 1pm Rochester Golf Club	13  Chair Yoga 12:15pm Echuca Library	14	15  Martial Arts 10am Wickhams Martial Arts	16
17	18  First Day of School Holidays!	19  Golf 1pm Rochester Golf Club	20	21  Bush Walk 10am Echuca Village Reserve	22  Martial Arts 10am Wickhams Martial Arts	23
24	25  Lawn Bowls 10am Echuca Bowls Club	26  Golf 1pm Rochester Golf Club	27  Lawn Bowls 10am Echuca Bowls Club	28	29  Day Before AFL Grand Final Public Holiday!	30



Register here!

Follow the link below or scan the QR Code for more info and to register!
bit.ly/Lets-Play-Campaspe

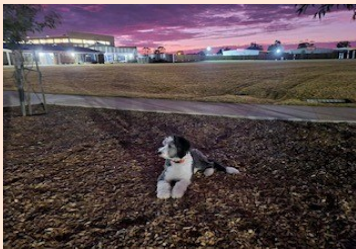


COMMUNITY NEWS

OUR SCHOOL

Echuca Twin Rivers Specialist School provides education for children ages 5-18 years with intellectual and associated disabilities. It services the Campaspe and Murray Shire area.

The school prides itself on having an open and welcoming environment that encourages parent and community participation.



Young BORDER Drivers FORUM

3rd October 2023 6.30pm

Speakers from Victoria & NSW Police will answer all questions

Who? 'L and 'P' plate drivers

Where? Echuca Workers & Services Club, Annesley St, Echuca

What? The challenges facing young drivers in border communities

For more information please contact Senior Sergeant Damian Keegan, Echuca Police Station (03) 5483 1500

Ready Teddy Go!

Fri 15th Sept - Mon 2nd Oct

During the school holidays, Echuca Historical Museum will be holding a

TEDDY BEAR EXHIBITION

On Wednesday 20th September we will celebrate all things 'Teddy Bear' by having a

FREE FUN DAY FOR KIDS (and adults)

This will include an outdoor BBQ, live music and songs, story-telling, arts and craft activities and old-time games.

You can also meet our very own Grizzly Bear!

Admission is \$6 for adults. We are open from 10.00am until 2.00pm every day at 1-3 Dickson Street, opposite the Hopwood Gardens.

ICAN NETWORK ONLINE

SEP 4 - OCT 16

AGES 8-22

Explore your interests with like-minded Autistic peers in a positive, safe environment. Also...

DID YOU SAY NEW GROUPS?

YES! ... INC. TAYLOR SWIFT, INTRODUCTION TO DUNGEONS & DRAGONS & JUNIOR DRAWING & ART

AS WELL AS: MINECRAFT, POKEMON, ROBLOX, AFL, MUSIC, MOVIES, CARS, I CAN GROUPS, FANTASY BOOKS AND MORE...

APPLY NOW TO AVOID DISAPPOINTMENT!

*PLACED WITH SIMILAR-AGED PEERS

Groups are facilitated by two trained I CAN Mentors. All staff have completed our child protection training and hold current Working With Children Checks.

APPLY NOW!

VISIT OUR WEBSITE: icannetwork.online/online

DO YOU HAVE A CHILD WITH DISABILITY AGED 13+?
THEN CHECK OUT TEENS AND BEYOND – A FREE ONLINE WORKSHOP FROM OUR FRIENDS AT ASSOCIATION FOR CHILDREN WITH A DISABILITY (ACD)!

This popular workshop will give you practical information, skills and confidence to help your teen identify their strengths and aspirations, and support them to make decisions.

This is the only workshop that brings the full range of information relating to teenagers with disability together in one place.

Topics include:

- Financial support
- Getting the right NDIS support for your teen
- School and post-school options
- Wellbeing: friendships, communication, behaviour support and good mental health

Workshop dates:

- Monday 16, 23, 30 October 7:00 pm
- Tuesday 17, 24 & 31 October 10:00 am
- Wednesday 18, 25 October & 1 November 7:00 pm
- Thursday 19, 26 October & 2 November 10:00 am

Workshops are led by ACD's professional facilitators who are parents of young people with disability and who have personal experience of navigating the teenage years.

bit.ly/TEENSocCC



Echuca Twin Rivers Specialist School
66 Wilkinson Drive
ECHUCA VIC 3564
Phone: (03) 5410 7700 press 1

echuca.twin.rivers.ss@education.vic.gov.au
<https://www.echucass.vic.edu.au>

50 1973-2023
interreach
50 YEARS OF SERVING OUR COMMUNITIES

Join us in celebrating our major milestone of serving our rural and regional communities

Meet our staff, learn more about our services, and enjoy activities and giveaways

When: Wednesday, September 6 11am-1.30pm

Where: cross-walk near Cotton On 147 Hare Street, Echuca

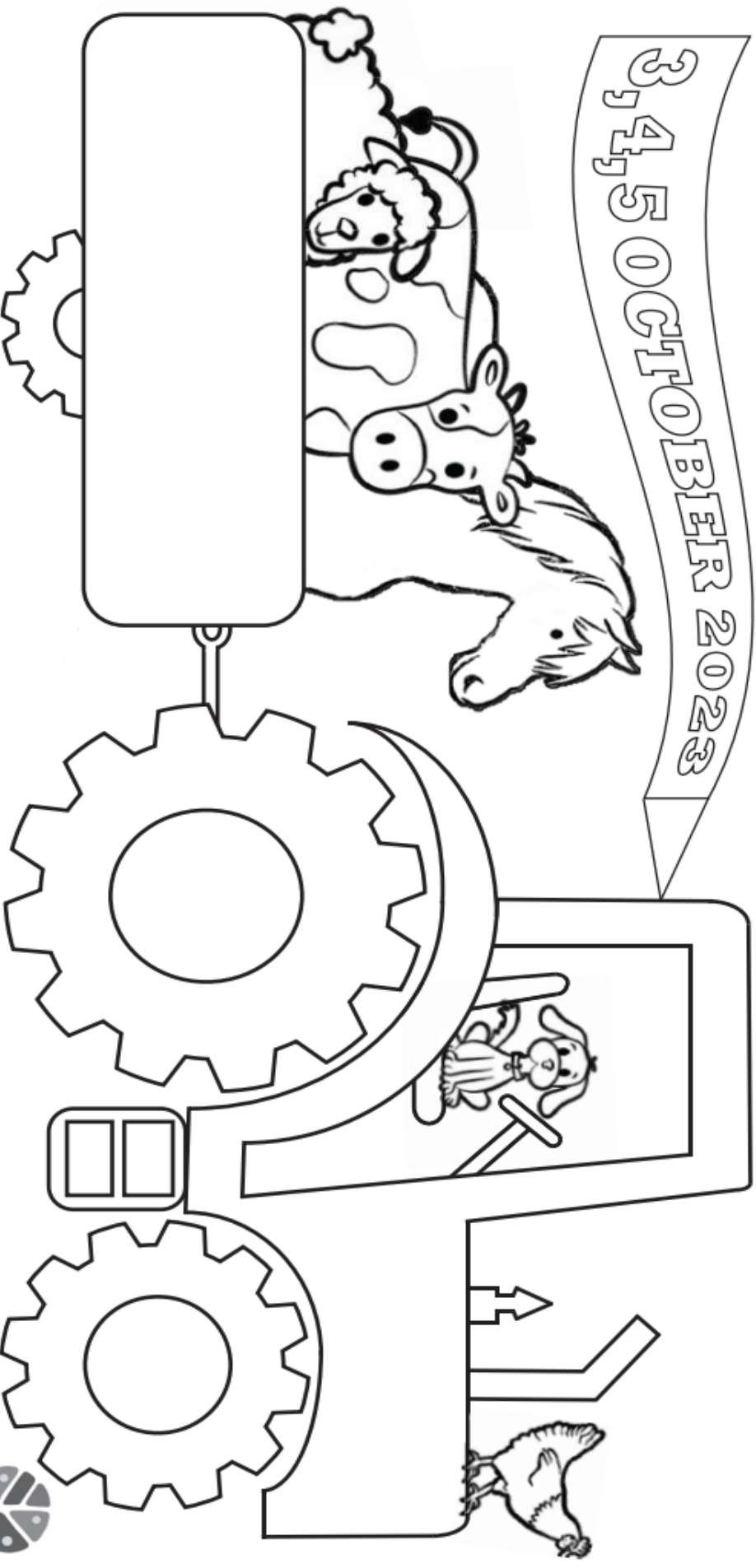
ndis interreach

interreach provides information, services and support to children and families, people with disability, mental health and older people in rural communities

1300 488 226 www.interreach.com.au

ELMORE FIELD DAYS

3,4,5 OCTOBER 2023



Prize: \$25 Smiggle Voucher per category. Sponsored by Bendigo Marketplace. Entries close 25th September 2023.

Categories: (circle)

- | | |
|------------------------|-----------------------|
| Girls 4 years & under. | Boys 4 years & under. |
| Girls 5-8 years. | Boys 5-8 years. |
| Girls 9-11 years. | Boys 9-11 years. |
| Girls 12-14 years. | Boys 12-14 years. |

Name: _____ Age: _____

Phone No: _____

To enter, take a photo and email to info@elmorefielddays.com.au
Or post to: Elmore Field Days, PO Box 27, Elmore Vic 3558



BENDIGO
MARKETPLACE
SHOPPING CENTRE

